

Tanka[®]

Wellness Made Simple

T-RELAX

CLINICAL
TEST



TANKA T-RELAX

never-before seen approach innovative transdermal medical device as a disruptive supplement delivery system tanka's solution is a unique delivery device in the shape of a bracelet that serves as a reservoir to release and deliver, trans-dermally, active ingredients **to relief stress, insomnia, restless, and/or nerviness.**

Relief was observed after 10 Days*

T-RELAX

transdermal medical device contains scientifically formulated blend: Passiflora seed oil, Valerian oil and Chamomile oil.

T-RELAX

includes a specially designed combination of efficient active ingredients **with synergistic effect**, each playing a unique and critical role.

T-RELAX SUPPORTS POSITIVE STRESS

01

Passiflora reduces stress, calms, helps sleeping disorders, restlessness, and irritability.

02

Valerian essential oil can be used for **relief of mild symptoms of mental stress and to aid sleep.**

03

Chamomile oil may help with a variety of conditions, including **anxiety and promoting sleep.**

CLINICAL TESTS:

- ▶ 22 volunteers, aged from 30 to 62 years (mean 44.5 ± 10.2) were initially recruited for a human use test with Bracelet T-Relax after topical treatment for 8 weeks (wearing 1 bracelet per month in one of the wrists). The volunteers were required to be between 30 and 65 years, with frequent stress, insomnia, restless, and/or nerviness, without using any medical treatment 15 days before and/or during the study, and a willingness to comply with instructions.
- ▶ After 28 and 56 days of treatment, subjects attended clinical facilities and participant's subjective perception of the product efficacy was assessed with an individual questionnaire. The ordinal scale used was (1 = Poor | 2 = Fair | 3 = Good | 4 = Very good | 5 = Excellent). Satisfaction was considered for scores 3 - 5.

RESULTS:

Data indicated an overall acceptance of 78.3 and 77.7, after 28 and 56 days of treatment, respectively. Regarding cutaneous compatibility and acceptability, none of the 22 volunteers initially recruited showed any acceptability problem neither manifested any adverse symptom or Serious Undesirable Effects (SUE) throughout the period of treatment or the following 5 days.

CONCLUSION:

The topical application with “Bracelet T-Relax” for 8 weeks in 21 volunteers shows good cutaneous compatibility and may claim “Dermatologically Tested”, “**Clinically Tested**”, and “Tolerance Tested”. With regard to the volunteers’ perception, **data indicated an overall acceptance of 78.3 and 77.7, after 28 and 56 days of treatment, respectively.**

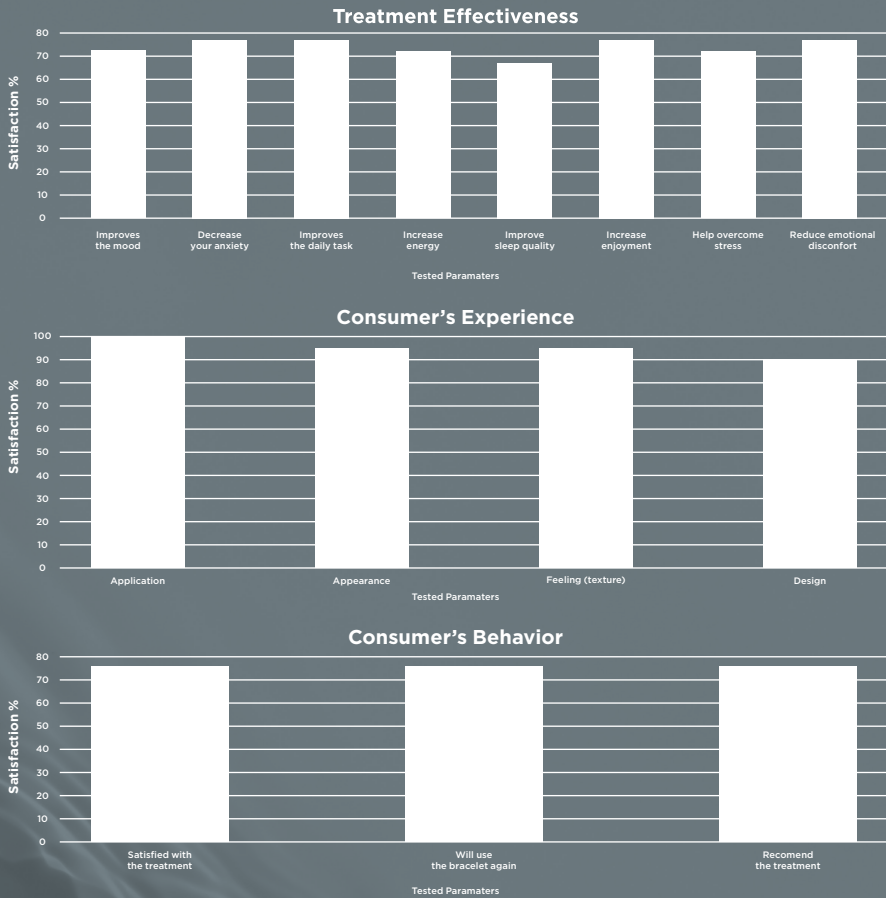


Figure: Self-assessment questionnaire results after 28 days. Volunteer’s perception obtained for the different parameters regarding sensory experience, treatment effectiveness, and consumer behaviour, after 28 days of topical treatment with Bracelet T-Mood in 20 volunteers. The ordinal scale used was (1 = Poor | 2 = Fair | 3 = Good | 4 = Very good | 5 = Excellent). Satisfaction was considered for scores 3, 4, and 5.

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For more information please contact

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